

# MULTI-OCCUPATION, UNEMPLOYMENT AND DEGREE OF SATISFACTION IN GRADUATES IN PHYSICAL EDUCATION

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## INTRODUCTION

The Catalan Sports Observatory (CSO) is the governmental and university tool in charge of studying and spreading the main data on the evolution of sport and physical activities in Catalonia and all over Spain.

Recently the CSO has published a study called "The labor market in the context of Sport in Catalonia" and the objective of this report is to spread and analyze its results.



## METHODS

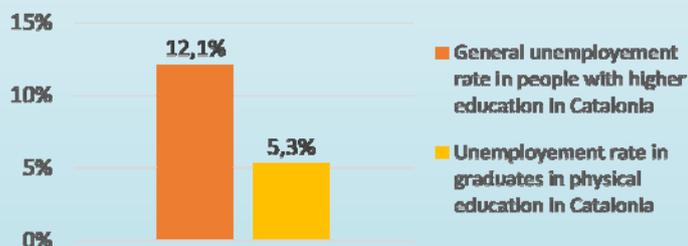
The method used for this study was the survey using an online questionnaire with closed answers. The sample was 1000 people from a universe of 8376 graduates since 1980, proportional sample for each academic year. (n=1000; SD=+/-3%; IC=95%).

## RESULTS

The volume of people with a degree in Physical Education that are currently unemployed is 5.3%. That rate is lower than the general unemployment rate in people with higher education in Catalonia with 12.1%.

The students who finished their degree between 1980 and 1989 suffer an unemployment rate of 1.6%. On the other hand in the youngest students (school years 2005 to 2012) we find a 9.9% rate of unemployment.

Comparative of the general unemployment rate in people with higher education and graduates in physical education



60% of the people polled work only in an area mainly with a fulltime schedule and a stable economy. On the other hand we find that 40% work in more than one area.



## CONCLUSIONS

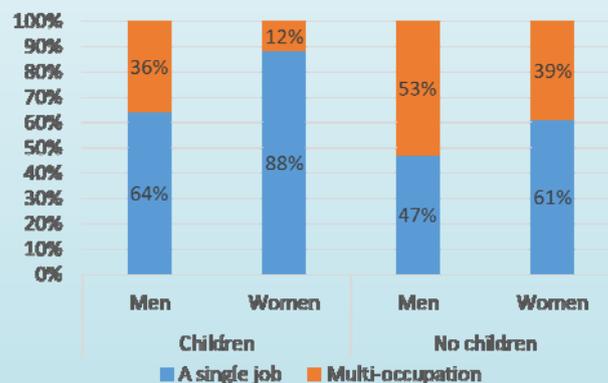
The sport labor market is dynamic and is changing and that is why the multi-occupational level is so high (40%). The main reasons for multi-occupation are to make more money and to feel fulfilled. Feeling fulfilled can be related to labor satisfaction and for this reason even if you are working in more than one area, the work is more satisfactory and can be considered vocational. The low unemployment rates can allow us to interpret that it is a growing market or at least a stable market even in times of a world economic crisis.

## REFERENCES

- Observatori Català de l'Esport; Viñas, J.; Pérez, M. (Eds) (2014) *El mercat de treball de l'esport a Catalunya. Especial incidència a la província de Barcelona*, Barcelona, INDE.  
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The phenomenon of multi-occupation is higher in people who recently finished their degree and in people without children. We find more multi-occupation in men than in women.

Multi-occupation according to sex and presence of children



Besides we found that 80% of the workers feel satisfied in their current work environment (53,8% feel satisfied and 26,2% very satisfied).

